

CHAIR VOLLEYBALL



Chair volleyball is a physical activity that provides a fun way to be active, using a badminton net, a beach ball, and six chairs on each side facing the net.

Who: Anyone 55 years of age or older

When: Every Thursday at 12:30 p.m., beginning 2/8/18

Cost: \$1.00 per class

Where: Eton Senior Recreation Center
4900 Pardee, Dearborn Heights 48125
(313) 277-7765

Sign up in the Eton Office

Dearborn Heights Parks and Recreation Department