






Mon		Tue		Wed		Thu		Fri	
<b>UPHOLSTERY CLASS</b> Every Tuesday Registration Required		<b>FITNESS ROOM &amp; POOL ROOM</b> Monday thru Thursday 8:30 - 3:30						1 <b>*CLOSED*</b>	
4	Chair Exercise 10-11 Italian Club 10-11 Yoga 11:30-12:30 Pinochle 12-3 Penny Bingo 12:30	5	Quilting 9-12 Pinochle 12-3 Euchre 12:30-3:30 Bunco 12:30 Massage Therapy by appt.	6	Chair Exercise 10-11 Go-Getters Club 1:00-3:30  B/P 10-12	7	Yoga 10-11 Pinochle 12-3 Chair Volleyball 12:30 Massage Therapy by appt.	8	<b>*CLOSED*</b>
11	Haircuts by Appt Chair Exercise 10-11 Italian Club 10-11 Yoga 11:30-12:30 Pinochle 12-3	12	Coffee Club 9 Quilting 9-12 Pinochle 12-3 Euchre 12:30-3:30 American House Bingo 1:00 Massage Therapy by appt.	13	Chair Exercise 10-11 Go-Getters Club 1:00-3:30 B/P 10-12 <b>Birthday Lunch @ 11:30</b> 	14	Yoga 10-11 Pinochle 12-3 Chair Volleyball 12:30 Massage Therapy by appt. <b>OPEN HOUSE 10:00 AM - 1:00 PM</b> 	15	<b>*CLOSED*</b>
18	Chair Exercise 10-11 Italian Club 10-11 Yoga 11:30-12:30 Pinochle 12-3 Penny Bingo 12:30	19	Quilting 9-12 Pinochle 12-3 Euchre 12:30-3:30 Bunco 12:30 Grief Counseling 1-3 <b>Focus Hope</b>	20	Chair Exercise 10-11 Go-Getters Club 1:00-3:30  B/P 10-12	21	<b>First Day of Summer</b>  Yoga 10-11 Pinochle 12-3 Chair Volleyball 12:30 Massage Therapy by appt. <b>Food Commodities</b>	22	<b>*CLOSED*</b>
25	Haircuts by Appt Chair Exercise 10-11 Italian Club 10-11 Yoga 11:30-12:30 Pinochle 12-3	26	Coffee Club 9 Quilting 9-12 Pinochle 12-3 Euchre 12:30-3:30 Massage Therapy by appt.	27	Chair Exercise 10-11 Go-Getters Club 1:00-3:30  B/P 10-12	28	Yoga 10-11 Pinochle 12-3 Chair Volleyball 12:30 Massage Therapy by appt.	29	<b>*CLOSED*</b>

*Hot Lunches 11:30 daily Monday through Friday; must be called in by 11:30 the previous day.*